

# First Responder Courses

## Preparing For a Crisis/Situational Awareness—8 Hours

There are many possible crises that school administrators might face during their career. From possible tornados, fires, fights, or even lethal threats, administrators must not only be aware of these situations, but must know how to react when they encounter one. Situational awareness is defined as knowledge and understanding of the current situation which promotes timely, relevant



and accurate assessment of friendly, competitive and other operations within the battle space in order to facilitate decision making. This course helps develop an understanding of the applicable safety precautions given each scenario, while performing school duties. Individuals will learn the correct procedures to respond to the different situations and scenarios they could encounter in the learning environment.

## Situational Leadership—8 Hours



During a crisis or disaster, chaos is likely to ensue. In a school setting, there must be adults who assume leadership roles to help calm the situation and take the appropriate actions. This course will teach participants a basic understanding of their managerial and leadership role and responsibility in directing, coaching, supporting and delegating people to assume

additional duties and responsibilities. During this presentation, the use of video clips and PowerPoint slides are used to reinforce the conceptual framework of the course.

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## Basic First Aid—4 Hours

Based curriculum of the American Heart Association (AHA), the Basic First Aid & Life Support course focuses on the level of medical care which is used for victims of life-threatening illnesses or injuries until they can be given full medical care. The course will consist of both didactic training as well as hands on training covering the conditions of cardiac arrest, choking, shock, bleeding and drowning. Individuals will learn basic first-aid and how to respond to each of the given scenarios to help treat the wounded.



## Advanced First Aid & Lifesaver Course—8 Hours

This advanced first-aid course provides the individual with instruction utilizing the National Safety Council lesson plans and material. This period of instruction is a comprehensive course covering all emergency and other first aid situations that may be encountered. The primary themes of the course are injury and illness prevention, current statistics, the key principles of first aid and variations on key principles. Topics include checking for breathing, bleeding, shock, fractures and other injuries, as well as performing first aid for different wounds around the body. This course is taught through lecture, demonstration, practical exercises and written examinations. Upon successful completion of this course, the individual can receive certification from the National Safety Council for First Aid, CPR and Blood Borne Pathogens.



## Basic Triage—4 Hours

Basic triage is usually used in a scene of an accident or "mass-casualty incident" (MCI), in order to sort patients into those who need critical attention and immediate transport to the hospital and those with less serious injuries. These steps can be started before transportation becomes available. Individuals are taught the fundamentals of START (Simple Triage and Rapid Treatment), the basic triage system. Topics also include when to initiate triage, the different categories of triage, sorting and labeling techniques and strategies, emergency procedures, treatment of triage patients, and different mass casualty scenarios.

